HEALTH SUPPORT POLICY

Our pre-school is committed to supporting the health and well being of all students. An important part of this commitment is our Health Support Policy. We acknowledge that parents/guardians retain primary responsibility for their child’s health care. This includes responsibility for providing accurate, up-to-date, relevant information for staff regarding children’s routine and emergency health care needs.

FIRST AID
If a child becomes unexpectedly ill or injured, staff will:
- Administer basic first aid
- Staff will call an ambulance if needed and continue to administer basic first aid
- Inform parent/guardian (or emergency contact).

If children require first aid off site (eg Excursions) staff will:
- Administer basic first aid
- Call an ambulance if needed and continue to administer basic first aid
- Inform parent/guardian (or emergency contact).

FIRST AID GIVEN WILL BE RECORDED IN ACCIDENT RECORD BOOK ON BENCH IN KITCHEN, COUNTER SIGNED BY ONE STAFF MEMBER AND PARENT WILL THEN BE ASKED TO SIGN ACKNOWLEDGING BEING INFORMED.

*All head injuries need to be reported to parent/guardian by phone or written note.

ROUTINE HEALTH AND PERSONAL CARE SUPPORT
Some students may require assistance with their routine or emergency health and personal care needs. Before staff can assist with this, parents/guardians must provide written information from their doctor which outlines specific care needs. Forms for care plans are available from any staff member for a range of health conditions and needs including:
- Asthma
- Diabetes
- Anaphylaxis (severe allergy)
- Medical information (for General health care or those without specific forms)
- General health information (to be completed by a general practitioner, psychiatrist or psychologist).
The purpose of these 'CARE PLAN' forms, is to ensure that the pre-school has information from the treating health professional relevant to the child's health, well-being, attendance, learning and care at pre-school.

We can then write a 'Health support plan' for the child if deemed necessary by the pre-school if any of the following are relevant:

- There are any individual first aid requirements, other than a basic first aid response.
- The child needs additional supervision for health-related safety
- There is a predictable need for additional support with daily living tasks

Health support plans are written using the written information from the treating health professional, with discussion between pre-school and the parent/guardian.

It is the responsibility of the parent/guardian to:

- Request these forms
- Ensure all appropriate forms are complete and signed by the doctor
- Sign all appropriate forms as parent/guardian
- Return all forms to a pre-school staff member
- Update all medical information on the appropriate forms as necessary.

**ASTHMA**

Students with asthma (even if only 'mild' or 'occasional') need an asthma care plan completed and signed by the treating doctor and given to a staff member. Staff are trained to administer reliever medication in the event of asthma attack.

The pre-school has reliever medication for use in emergency situations only. Children with asthma must have puffers in container stored on ledge in the kitchen, it must have the pharmacist label, including the child's name secured on the puffer and must have a current best before date.

**MEDICATION MANAGEMENT**

We encourage children to take medication outside kindergarten hours eg 3 times per day can be taken in the morning before school, afternoon straight after pre school and bedtime. If medication needs to be taken at kindergarten:

- Medication must be provided in the original pharmacist container with directions on label
- The child's name must be on the original label
- Medication must be stored in medi-pockets behind the staffroom door or in the fridge.
- Children must have a medication plan filled out by a doctor and the parent/guardian
- A maximum of a week's supply is to be provided at any time (except asthma medication)
- It is the parent/guardian's responsibility to provide the required medication. Staff will fill in the medication log and will notify parents if students fail to take their required medication.
• A medication log will be filled out by the supervising staff member giving the medication, and shown to parent/guardian on departure.

Steps in Health Support planning

Staff responsibilities

• Check that any child with a medical/health plan concern on enrolment form receives the appropriate health care plan forms
• Check the HCP forms have the doctor’s and parent’s signature.
• Follow the HCP/medication plan as necessary
• Ensure that you understand the care required if different from usual First Aid and that appropriate training is done
• Complete the First Aid log each time aid/medication is given and ensure the parent/guardian is shown the log and co-signs it on departure.
• All medication is placed in a marked box in a determined place in the kitchen
• Read medical folders of children with health needs
• Be familiar with photos of children with health needs which will be placed on the office door

Directors Responsibilities

• Check any health issues on enrolment form
• Ensure that HCP/MP forms are given to parents/guardians and explained
• Ensure NEP students have appropriate HCP/MP as part of the NEP processes.

Parents/Guardians

• Complete the enrolment form with accurate health/medical information.
• Ensure that kindergarten has up-to-date information with parent/guardian emergency contact details and at least two other people for back-up emergency contact
• Request the relevant HCP forms as needed for the child
• Have the HCP forms completed and signed by the treating medical practitioner, sign them as parent/guardian, and return them to kindergarten staff
• Work with the director to complete a Health Care Support Plan for the child if necessary
• Ensure all the medication is given to kindergarten staff member as needed and that a medication plan is completed and signed by the doctor and signed by parent and guardian
• Update the medical information as necessary with the forms completed and signed by the treating medical practitioner.

Reviewed July 2016